Mexican-American Cooking and Cuisine Quiz

True or False: Place a T or F in front of each statement. If the statement is false, make it correct by changing the information.

1. _____ Saguaro cactus can live to be 200 years old.
2. _____ Saguaro cactus begin to bloom when they are 50 years old.
3. _____ Saguaro cactus flowers stay open for pollination less than 24 hours.
4. _____ People shake the saguaro cactus to remove its fruit.
5. _____ Corn dough is called mesa in Spanish.
6. _____ Nopales taste like lima beans.
7. _____ Nopales are a fruit.
8. _____ Frijoles refritos means fried twice.
9. _____ Pinole flour contains ground toasted corn kernels, other ground seeds and herbs.

Fill-in-the Blank

1. Pinole can be made into ______________, ______________ or ______________.
2. A comal is a ______________, ______________ griddle used to cook tortillas and other foods.
3. Main foods of traditional Mexican cuisine are ______________, ______________, ______________, ______________ and ______________.
4. Horno means ______________ in Spanish and it is shaped like a ______________.
5. The three main categories of chili peppers are ____________, ________________ and ________________.

6. Esperanza’s family used ____________ soap and Rosa used ______________ soap.

7. The __________________________ used to cook sugar in candy causes it to have different levels of hardness.

**Short Answer**

Retell the story of the Blue Willow plate in your own words.